

Local suicide emergency numbers:

Counseling Associates, Inc.

24 Hour Hotline

1-800-844-2066

Turning Point Behavioral Health Unit

479-967-0701

Or CALL 9-1-1

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

Mental Health First Aid Resource Guide

March 8, 2016

Sponsored by:

The American Foundation for Suicide Prevention –
Arkansas Chapter

And

Saint Mary's Regional Medical Center –
Turning Point Adult Behavioral Health Unit

Presented by:

Tonya Gosnell, Community Education Manager

Drug / Alcohol Treatment

Organization	Phone	Town	
New Vision	800-939-2273		(IP)
New Vision, Van Buren	479-471-4600	Van Buren, AR	
Wilbur D. Mills Treatment Center	501-268-7777	Searcy, AR	(IP,OP)
Quapaw House	501-767-4456	Hot Springs, AR	(IP,OP)
Freedom House	479-968-7086	Russellville, AR	(IP)
Hope Center	479-968-3480	Russellville, AR	(OP)
Oasis Renewal Center	501-376-2747	Little Rock, AR	(IP)
The Bridgeway	501-771-1500	Little Rock, AR	(IP)
The Bridgeway National	800-245-0011		
Baptist Health	501-202-2893	Little Rock, AR	(IP,OP)
BARB'S (Womens Services)	501-624-6185	Hot Springs, AR	
Oxford House (Addiction Recovery Homes) See Brochure	501-379-8698	Little Rock, AR	

River Valley AA Meetings

479-967-3260

Day	Time	Place	Address	Misc.
MONDAY	Noon	All Saints Episcopal Church	501 S. Phoenix	12 & 12 (closed)
	8:00 P.M.	First Christian Church	103 S. Boston	Big Book (closed)
TUESDAY	Noon	First Baptist Church	200 S. Denver	Discussion (open)
	7:00 P.M.	First Presbyterian Church	111 Quay Dardanelle	As Bill Sees It (closed)
	8:00 P.M.	First Presbyterian Church	Clarksville	(closed)
WEDNESDAY	Noon	First Christian Church	103 S. Boston	Discussion (closed)
	7:00 P.M.	American Legion	215 N. Denver	(open)
	8:00 P.M.	Wesley United Methodist Church	300 N. Cumberland	Big Book (closed)
THURSDAY	Noon	First Baptist Church	200 S. Denver	(open)
	8:00 P.M.	First Christian Church	103 S. Boston	12 & 12 (closed)
	8:00 P.M.	First Presbyterian Church	Clarksville	(open)
FRIDAY	Noon	All Saints Episcopal Church	501 S. Phoenix	Discussion (open)
	8:00 P.M.	Housing Authority	402 E. 5th, Dardanelle	Big Book (open)
SATURDAY	8:00 P.M.	Wesley United Methodist Church	300 N. Cumberland	(open)
SUNDAY	10:00 A.M.	American Legion	215 N. Denver	Discussion (open)
	8:00 P.M.	Housing Authority	402 E. 5th, Dardanelle	Discussion (open)
	8:00 P.M.	First Presbyterian Church	Clarksville	Discussion (open)

AA Al-ANON Meetings are at the Dardanelle 1st Presbyterian - 479-229-4996

Anyone may attend an OPEN AA meeting

CLOSED Meetings are limited to those who have a desire to stop drinking

Support Groups

(Includes Alcoholics Anonymous - AA)

Name	Phone Number	Address	Day	Time
Alcoholics Annomyous	www.arkansas centraloffice.org			
Alzheimer's Caregivers Support Group	501-354-0484	Area Agency on Aging 1519-A East Harding Morrilton, AR	3rd Thursday of each month	2:00 to 3:00 p.m.
Alzheimer's Caregivers Support Group - "Forget Me Nots"	479-498-2000	1808 W. Main St., Saint Mary's Russellville Café 2	4th Tuesday of each month	6:30 p.m. to 8:00 p.m.
Alzheimer's Support Group	479-498-2050	2405 E. Parkway, Suite 3, Russellville	3rd Wed. of every month	1:00 p.m.
American Cancer Society	800-227-2345	24 hour cancer information.		
Arkansas Hospice Bereavement Support Group	888-498-2050	2405 E. Parkway, Suite 3, Russellville	2nd & 3rd Sunday of each month	Call for time
	479-498-2050			
Breast Cancer "Bosum Buddies"	479-964-9118	1808 W. Main St., Saint Mary's Russellville	2nd Thursday of every month	7:00 p.m.
Celebrate Recovery	479-968-3310	First Baptist Church of Russellville, 200 S. Denver Ave, Russellville AR	Mondays	5:00 p.m.
Diabetes Support Group	479-968-3733	1808 W. Main St., Saint Mary's Russellville	2nd Tuesday of every month	5:30 p.m.
Divorce Care Support		118 2nd St. South, Dardanelle	Thursday	7:00 p.m.
Dardanelle	479-229-3727			
Russellville	479-968-2622	1st Assembly of God, Hospitality Room, Cost for book	Tuesday	6:30 p.m.
Russellville		1st Baptist of Russellville	Tuesday	6:30 p.m.
Grief Support Group		Arkansas Department of Hospice 404 North El Paso Russellville, AR	Every 3rd Thursday	
Lupus Foundation	479-967-5703	1808 W. Main St., Saint Mary's Russellville	3rd Monday of every month	6:30 p.m.
Parkinson's Disease Support Group	479-964-5660	1808 W. Main St., Saint Mary's Russellville	2nd Wednesday of every month	10:30 a.m.
Parenting Classes	877-847-2229	First United Methodist Dardanelle, Admin Building. Daily Bread counseling.		

Support Groups

(Includes Alcoholics Anonymous - AA)

Name	Phone Number	Address	Day	Time
Post Abortive Support	479-967-2255	Choices Pregnancy Resource Clinic, 311 N. 3rd St., Russellville, AR		
Sexual Abuse Support	479-967-2255	Choices Pregnancy Resource Clinic, 311 N. 3rd St., Russellville, AR		
Survivors of Sexual Assault		Clarksville office of Ozark Rape Crisis Center	Group will start on request.	
Stroke Support Groups	479-968-3733	1808 W. Main St., Saint Mary's Russellville Café 3	2nd Tuesday each month	5:30 p.m.
Support Group for Miscarriage	479-223-7849	Share Hope, Leah Taylor		

Arkansas Behavioral Health Services

INPATIENT

Organization		Phone	
Turning Point Adult Behavioral Health	Ages 18 to 64. All major insurance plans accepted including Medicaid and Medicare.	Office	479-967-0701
		Fax	479-967-0723
St. Vincent Behavioral Health	Ages 18 to 64. All major insurance plans accepted including Medicaid and Medicare.	Office	888-552-5777
		Office	501-552-5777
		Fax	501-552-5502
UAMS PRI	Ages Child to Geriatric	Office	501-686-8000
		Fax	501-526-8597
Spring Woods	Ages Child to Geriatric. CANNOT bill Medicaid on adults.	Office	479-973-6000
		Fax	479-484-9991
Baptist Medical Center	Ages Child to Geriatric	Office	501-202-2000
		Fax	501-202-1445
UAMS Northwest	Ages 18-65	Office	479-757-1400
		Fax	479-757-2970
Arkansas State Hospital	Ages 13 to Geriatric	Office	501-686-9000
		Fax	501-686-9518
Vista Health, Fayetteville	Ages 4 to 60. CANNOT BILL MEDICAID	Office	479-521-5731
		Fax	479-521-7683
Vista Health, Fort Smith	Ages 4 to 60. CANNOT BILL MEDICAID	Office	479-494-5700
		Fax	479-484-9991
St. Bernard's	Ages 18 to Geriatric	Office	870-932-2800
		Fax	870-932-1189
Rivendell	Ages 4 to Geriatric. CANNOT bill Medicaid on adults.	Office	501-316-1255
		Fax	501-794-4277
Jefferson Regional	Ages 18 to Geriatric	Office	870-541-7100
		Fax	870-541-7174
The Bridgeway	Ages 5 to Geriatric. CANNOT bill Medicaid on adults.	Office	501-771-1500
		Fax	501-771-8508

Arkansas Behavioral Health Services

OUTPATIENT

Organization	Town		Phone
Arkansas Counseling	Atkins	Office	479-641-0730
		Crisis Line	870-930-7544
		Fax	479-641-0732
Birchtree Communities	See Brochure	Office	479-968-2263
		Fax	
Counseling Associates	1309 North Church St. Atkins	Crisis Line	870-930-7544
		Fax	479-641-0732
	1021 Poplar Street, Clarksville	Office	479-754-8610
		Fax	479-754-8688
	#8 Hospital Drive, Morrilton	Office	501-354-1561
		Fax	501-354-1564
	110 Skyline Drive Russellville	Crisis Line	800-844-2066
		Office	479-968-1298
		Fax	479-968-6053
DaySprings	100 East Main Lamar	Office	479-479-733-0400
		Fax	
	1300 Highway 9 Morrilton	Office	479-967-4673
		Fax	479-967-7140
	1610 South Arkansas Ave., Suite 1	Office	479-967-4673
		Fax	479-967-7140
Perspectives	311 Central St. Clarksville	Office	479-754-0277
		Fax	
	1340 South Waldron Road Fort Smith	Office	479-783-5353
		Crisis Line	888-261-2612
	1200 West Center, Greenwood	Office	479-996-1494
		Fax	
	949 North Main St., Mulberry	Office	479-997-2766
		Fax	
	129 South 10th, Paris	Office	479-963-1448
		Fax	
Professional Christian Counseling	Ft. Smith	Office	479-857-7111
Gateway Harbor House		Office	479-783-8849
Small Group Therapy	1955 W. Truckers Drive Maumelle, AR	Office	501-623-3477
		Fax	501-624-7498
Western Arkansas Counseling	Paris	Office	479-963-2140
		Crisis Line	800-542-1031
		Fax	479-963-2705

Geriatr Psych Hospitals

ORGANIZATION	PHONE NUMBER	ADDRESS
Clarksville Sr. Care (55 and older)	479-754-5490 Fax -479-754-4889	Johnson Regional Medical Center 1100 Poplar St. Clarksville, AR
OP Program Expectations: 479-756-5456		
Conway Geriatric Transitional Care Center (65 and older)	800-245-3314	Conway Regional Medical Center 2302 College Ave. Conway, AR
Phases Behavioral Health	(Allison) 479-453-6332 479-229-6105 Fax-479-229-6155	River Valley Medical Center 200 N. Third St. Dardanelle, AR
OP Program Inspirations: 479-229-6192		
Senior Care Behavioral Health (55 and older)	479-441-5601 Fax - 479-441-4919	Sparks Regional Medical Center 1001 Towson Ave. Ft. Smith, AR

Psych Facilities That Accept Medicaid

Organization		Phone	
Saline Memorial	(White County)	Phone	501-776-6643
Baptist Hospital	(Little Rock)	Laura - Phone	501-202-4647
		Fax	501-202-1443
		(Ask which fax prefers)	501-202-1445
St. Vincent	(Little Rock)	Kelli - Phone	501-552-5777
		Fax	501*552-5775
Compass	(Searcy)	Phone	501-278-3370
		Fax	501-278-3372
Sparks	(Ft. Smith)	Phone	479-441-5850
		Fax	479-441-4835
Turning Point - St. Mary's	(Russellville)	Phone	479-967-0701
		Fax	479-967-0723

Resource Guide for Arkansas Veterans, National Guard, Army Reserve and Active Duty

1. Benefits and Eligibility Information
2. Department of Defense Sponsored Websites
3. Educational opportunities
4. Employment, Job Retention and Career Development
5. Families of Returning Military and Veterans
6. Health Care and Mental Health: Military and Veterans
7. Local and Online Support Groups
8. Grief Resources
9. Shelters for Homeless People
10. Currently Serving Military Personnel

Veterans who are in a mental health crisis:

- For immediate help, call 911.
- Veterans and/or those who care about them can also phone the **Veterans Crisis Line at 1-800-273-8255 (Press 1)**.
- Veterans who are enrolled or not enrolled in VA health care but are in emotional crisis can go directly to the **VA Emergency Department** at John L. McClellan VA Hospital, 4300 W. 7th Street, Little Rock, AR – (501) 257-5714.
- The Veteran can also go to the nearest emergency room at a non-VA facility, but should tell the staff his or her status as a Veteran.